

Activity Schedule Pull-Out

April - June 2010



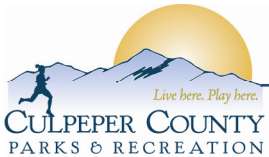
Pony Riding at Ironwood Farm

**“This program was wonderful!
Our Daughter enjoyed it immensely!
Thank You!”**

See page 18 for details

Registration is EASY!!!

see page 25 - 26



Spring Schedule

ARTS & CRAFTS



BEGINNER QUILTING MADE EASY

Ages 18-adult, 7wks

Become a 'fabric artist'! Starting with the basics, students will become familiar with their own sewing machine, explore how to select fabric, read a quilting pattern, accurately cut out, machine piece, and construct a small quilt top. Supplies will be discussed at first class.

Instructor: Michele Rucker
Eastern View H.S.

Register by: 4/7 #2610.0356
Tu 4/13-5/25 6:00p-7:30p \$69



QUILT FINISHING

Ages 18-adult, 8wks

Do you have a quilt top that you started, was given to you, or that you inherited and is now sitting in the closet, attic, or hidden away in some other cubbyhole just waiting for you to finish it? Bring your unfinished quilts and let long time quilter, Joyce Calhoun, help you finish your project. Must have your own sewing machine.

Instructor: Joyce Calhoun
Floyd T. Binns M.S.

Register by: 4/15 #2610.0357
W 4/21-6/9 6:00p-8:00p \$45



CAKE DECORATING

Ages 10-adult, 2day

This class will show the basics of cake decorating, from icing to borders to roses. All supplies are included (icing, decorating bag, tips, and practice sheets). First class will go over techniques and practicing; second class will be spent decorating a cake to take home.

Instructor: Tabitha Riley
The Depot, Room #1

Register By: 4/16 #2610.0356
W 4/28-5/5 5:30-8:30p \$69



DANCE

BALLET / TAP COMBO

Ages 5-12, 7wks

For those that are just getting started come out and learn both ballet and tap dancing in one class! Ballet & Tap shoes optional but not required.

Instructor: Woods Gymnastics
13409 Beverly Ford Rd, Elkwood

Register by: 1/26
M 4/12-5/24 \$59
5-6yrs 5:00-6:00p #2611.0351
7-12yrs 6:00-7:00p #2611.0352

PRESCHOOL DANCERS

See the Preschool Section for dance classes.

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How to Register

Registration Form

ActiveNet Customer

Account Form.....

Updates.....

Youth Sport Leagues

www.CulpeperRecreation.com

155 West Davis Street, Suite 100
Culpeper, Virginia 22701

Phone: (540) 727-3412

Fax: (540) 727-2802

Interested in a class? Want to know more?

More detailed activity descriptions are available online at

www.CulpeperRecreation.com

www.CulpeperRecreation.com

Spring Schedule



COUNTRY LINE DANCING II

Ages 13-adult, 6wks

The response to the introductory course was so great that we are going to offer another course, with more fun Country & Western songs and dances. If you missed out on that introductory course, no worries, 'cause there will be just enough review to bring a motivated student quickly up to speed. So pull on your boots & jeans and leave your cares behind - we're goin' boot scootin'!

Instructors: Maggie & John Corradi

Location TBA (visit website)

Register by: 4/14 #2611.0239

Tu 4/20-5/25 7:00-8:00p \$35

CARDIO KICKBOXING

Ages 18 & up, 4wks

Do you need to work off the stress from commuting and the job? Consider spending an hour kickboxing! We'll concentrate on learning and perfecting the kicks and punches, while putting the moves together for a great aerobic workout.

Instructor: Remi Godlewski

Community Room, 303 N. Main

W 4:45p-5:45p \$33

4/7-4/28 #1512.0138 *Register by:* 4/1

5/5-5/26 #2512.0358 *Register by:* 4/29

6/9-6/30 #2512.0364 *Register By:* 6/3



TAKING IT ALL IN

Ages 16-Adult, 1day

Got nature? Come, immerse yourself in nature and enjoy it to the fullest. Discover and develop new skills to heighten your observation and awareness of nature using all your senses. Learn how to slow down and clear your mind while sharpening your vision, hearing, smell, touch, and even taste, through unique exercises! This slow-paced class will take place totally outdoors on an easy trail. Your perception of nature will never be the same again!

Instructor: Ron Hughes

Spilman Park, 3453 Colvin Rd, Jeffersonton

Sa 9:00a-12:00n \$20

4/24 #2613.0360 *Register By:* 4/20

6/5 #2613.0361 *Register By:* 6/1



SHOTOKAN FOR THE FAMILY



Ages 6-adult

This is an intro class to the basics of one of the most popular martial arts, with emphasis on safety and personal development. Ages 6-17 must be accompanied by a registered adult.

Instructor: Remi Godlewski

Community Room, 303 N. Main

W 6:00p-7:00p \$33

4/7-4/28 #1512.0141 *Register by:* 4/1

5/5-5/26 #2512.0358 *Register by:* 4/29

6/9-6/30 #2512.0365 *Register By:* 6/3

HEALTH & FITNESS

TAI CHI

Ages 16-adult, 4wks

Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women.

Instructor: Remi Godlewski

Community Room, 303 N. Main

W 3:30p-4:30p \$33

4/7-4/28 #1512.0136 *Register by:* 4/1

5/5-5/26 #2512.0358 *Register by:* 4/29

6/9-6/30 #2512.0359 *Register By:* 6/3



LEISURE LEARNING



GEOCACHING

Ages 10 & up (under 16 with adult), 1 day

With all the movies on finding lost treasure, how would you like to get involved in your own treasure hunt? Come out and learn about geocaching (pronounced geo-cashing) and how fun it can be for you and your family.

Instructor: Sonja & Bill Marsh

303 N. Main St

Register By: 5/11 #2513.0195

Sa 5/15 9:00am-2:00pm \$10



THE USES OF WILD PLANTS

Ages 16-Adult, 1day

Come join in the fun and fascination of discovering wild plants and their traditional uses. Explore which plants can be eaten, used for tea, used for survival, taken for medicine, used for fiber, and more. We'll top off the class by making a tulip poplar bark berry bucket to take home. Directions to Lenn Park are available on online and in the Parks & Recreation office.

Instructor: Ron Hughes

Lenn Park, Stevensburg Road

Sa 12:00n-4:00p \$25

5/8 #2613.0362 *Register By:* 5/4

6/12 #2613.0363 *Register By:* 6/8

Registration is EASY!!!

see page 25 - 26



Spring Schedule



LET'S HAVE A TEA PARTY!

Ages 10-Adult, 1day
Celebrate Mother's Day or an upcoming wedding with a tea party to honor that special lady in your life. Come and discover skills needed to host or attend an afternoon tea party. Stay after class and join the instructor for a simple tea party. **10% discount for 2nd person from the same family.**



Instructor: Rosanne Berkenstock
Location: Dog House Yarns & More,
708 Sunset Lane, Culpeper
Register By: 4/20 #2613.0373
Su 4/25 1:00p-3:00p \$45



LOSING WEIGHT... AS EASY AS 1, 2, 3!

Ages 18-Adult, 7wks
Lose 10 or more pounds the healthy way during the 7 weeks of this course. Using a free government website, a nutritionist-approved "diet" plan, as well as in class team work, by the end of this course you should be able to lose at least 10 pounds. *As always consult your physician before starting any weight loss program. Results may vary.* Registration fee includes a take-home book:

Instructor: Michele Rucker, Food & Nutrition Teacher
LOCATION
Register By: 4/8 #2613.0366
W 4/14-5/26 6:30p-7:30p \$69

4 SIMPLE MEALS

Check for details online.
www.CulpeperRecreation.com



ROBOTICS CLUB

Ages 6-14yrs
Is your child interested in creating robots? Then sign them up for these workshops. Register for just one or two workshops or for all, it's up to you. **Sign up for 7 workshops and get the 8th free.** Your young builder will step up to the challenge with robotic modular designs as they compete in several team events. Bring your own Robotics and Things Workshop Robot, purchase one from the instructor (\$30 on the first day of class) or Demonstration robots units will be available on a first come, first serve basis.

Instructors: Wormack Productions & Creations
Community Room, 303 N. Main
Sa 12:45 – 2:15 pm \$16 per class
1) 4/17 #2613.0446
2) 4/24 #2613.0447
3) 5/1 #2613.0448
4) 5/8 #2613.0449
5) 5/15 #2613.0450
6) 5/22 #2613.0451
7) 6/5 #2613.0452
8) 6/12 #2613.0453



SPANISH FOR KIDS

Ages 5-10, 4wks
Is your child interested in learning basic Spanish words and phrases that can be used in everyday life. Then this is the class for them, and you, if you want to participate. Your child will learn numbers, letters, days of the week, months of the year and other useful basic phrases in Spanish.

Instructor: Lillian Arevalo
Location TBA
Register By: #2613.0372
Sa 4/3-4/24 1:00p-3:00p \$55



TEEN SPANISH

Ages 10-18, 10wks
Level I: This program will focus on basic listening, speaking, reading and writing skills in Spanish. The course will also briefly initiate basic Spanish grammar and vocabulary words.
Level II: This program will focus on sentence building, developing listening, speaking, reading and writing skills in Spanish. The course will also reinforce Spanish grammar and vocabulary words. No class 5/29.

Participants in each level will be provided a course workbook, audio CDs and/or DVDs for home use to practice the Spanish Language.
Instructor: Lillian Arevalo
Location TBA
Level I: *Register By:* 3/29 #2613.0370
F 4/2-6/4 4:00p-6:00p \$275
Level II: *Register By:* 3/30 #2613.0371
Sa 4/3-6/12 10:00a-12:00n \$275



CONVERSATIONAL SPANISH

Ages 18-adult, 4wks
Level I: This course is designed for individuals who are interested in learning basic Spanish words and phrases that can be used to communicate with Spanish-speaking individuals.

Level II: This course is designed for individuals who are interested in learning additional Spanish words and phrases that can be used to communicate with Spanish-speaking individuals, after completing **Level I** of this course. Participants in each level will be provided a course workbook, audio CDs and/or DVDs for home use to practice the Spanish Language.
Instructor: Lillian Arevalo
Location TBA

Level I: *Register By:* 3/30 #2613.0368
M 4/5-4/26 6:00p-8:00p \$125
Level II: *Register By:* 4/27 #2613.0369
Tu 5/4-5/25 6:00p-8:00p \$125

Spring Schedule



DIGITAL CAMERA BASICS

Ages 16-adult, 2wks
So you’ve got yourself a shiny new digital camera. Have you figured out how to use all the features yet? If not, this is the perfect class to get you started. This class is designed for the standard Point & Shoot cameras.
Instructor: Brian Ashdown
Floyd T. Binns M.S.
Register By: 4/15 #2613.0164
W 4/21-4/28 6:00-8:00p \$38

ADVANCED DIGITAL PHOTOGRAPHY

Ages 16-adult, 6wks
This class will focus on Digital Single Lens Reflex Cameras. Topics covered will include: Usage and operation of the camera, menu functions, options for lighting, and more.
No class 5/31
Instructor: Brian Ashdown
Floyd T. Binns M.S.
Register By: #2613.0165
M 5/3-6/14 6:30-7:45p \$69

PAWS & HOOFS

Handlers for classes must be 7 yrs or older (anyone under 16 must be with an adult)

S.T.A.R. PUPPY KINDERGARTEN
Ages: Puppies 3-12 months; 8wks
Now that you’ve got that adorable bundle of fur, let’s get started on the ABC’s of puppy training using positive reinforcement. This class incorporates the AKC’s S.T.A.R. Puppy certificate program. (more class details are online)
Instructor: Betty Ann Howell
Community Room, 303 N. Main
Register by: 4/1
Tu 4/6-5/25 \$95
11:15a-12:15n #2614.0169
6:00-7:00p # 2614.0166

BEGINNING MANNERS I

Ages: Dogs 5 months & up, 8wks
Bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they’re 5 months or 5 years, can attend.
Puppies 5-12 months wishing to participate in the STAR Puppy certificate program must register for the STAR Puppy Kindergarten class.
Instructor: Margot French
Community Room, 303 N. Main
Tu 4/6-5/25 \$95 *Register by:* 4/1
10:00a-11:00a #2614.0167
7:15p-8:15p #2614.0168
Sa 4/10-5/29 3:00-4:00p \$95
Register by: 4/6 #2614.0245



Have you already taken a dog obedience class with the Parks & Recreation Department?

If so, advance on to the next level of class (or if necessary repeat the same class) and receive a 10% discount. (applies to students having taken classes since 2005; does not have to be the same dog)



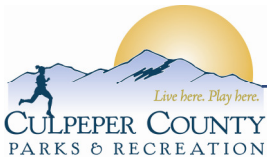
RALLY ‘ROUND YOUR CANINE

Ages: Dogs 5months & up, 8wks
Prerequisite: Dogs should have previous obedience training. Knowledge of Sit, Stay, Down, Come, and Heel will be helpful.
This class will introduce you and your dog to the basic exercises performed in Rally, a sport that will help enhance the bond you have with your dog. This is a great class for those looking for something new and exciting to do with their best four-legged friend. **No class 5/27**
Instructor: Betty Ann Howell
Community Room, 303 N. Main
Register by: 4/5 #2614.0197
Th 4/8-6/3 6:00-7:00p \$95

CANINE GOOD CITIZEN

Ages: Dogs 6 months & up; 8wks
Prerequisite: Must have previous dog obedience class or placement by instructor.
This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification.
Class will also provide an introduction to pet therapy.
Instructor: Betty Ann Howell
Community Room, 303 N. Main
Register by: 4/1 #2614.0192
Tu 4/6-5/25 12:30n-1:30p \$95

| DOG OBEDIENCE DISCOUNTS | | - Dogs adopted from Culpeper Animal Shelter 20% discount - must provide copy of adoption contract * <u>Only one discount per dog per family.</u> |
|------------------------------------|--|---|
| - Seniors - 55 & up - 10% discount | | |
| - Returning Students—10% discount | | |
| | | |



Spring Schedule



OUT & ABOUT WITH

PET THERAPY

Ages: Dogs 6 months & up, 8wks
Prerequisite: Must have previous dog obedience class or placement by instructor. This class will help you & your best four-legged friend get ready to take the Pet Therapy Certification test through Therapy Dogs International, Inc. Additionally, some classes will be spent “out & about” town. Some days classes will meet at various dog-friendly locations to improve our canine’s social behavior and confidence. **No class 5/27**
Instructor: Betty Ann Howell
Community Room, 303 N. Main
Register by: 4/5 #2614.0191
Th 4/8-6/3 7:15p-8:15p \$95

ALL HORSEBACK RIDING LESSONS:

All participants must wear hard sole shoes with a heel. Helmets will be provided and are required.

PONY PAIRS

Ages 7-Adult
This is the perfect class to learn how to ride a horse, or if you already have some experience, to better your skills. Class is limited to two participants at the same level of riding. Sign up 2 friends, 2 siblings, or parent & child.
Ages 4-6 can register, but MUST call and sign up as a pair and an adult must lead each horse & child around riding ring while child receives instruction. \$15 discount for registering a pair.
Instructor: Ironwood Farm Staff
10291 Homeland Rd, Rixeyville
Register By: 4/1 \$265per pair (\$140single)
W 4/7-5/12 5:15p-5:45p #2614.0375
W 4/7-5/12 5:45p-6:15p #2614.0376
F 4/9-5/14 5:15p-5:45p #2614.0377
F 4/9-5/14 5:45p-6:15p #2614.0378

PONY RIDING I

Ages 4-6, 6wks
Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.
Instructor: Ironwood Farm Staff
10291 Homeland Rd, Rixeyville
Registration By: 4/6
Sa 4/10-4/15 \$104
9:30-10:00a #2614.0379
10:15-10:45a #2614.0380

PONY RIDING II

Ages 4-6, 6wks
Prerequisite: Pony Riding I at Ironwood Farm
Emphasis is on refining skills on horseback at the walk and trot. Parent or other adult must lead horse & child around riding ring while child receives instruction.
Instructor: Ironwood Farm Staff
10291 Homeland Rd, Rixeyville
Register By: 4/6 #2614.0381
Sa 4/10-4/15 11:00a-11:30p \$104



BEGINNING HORSEBACK RIDING

Ages 7-Adult, 6wks
Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback.
Instructor: Ironwood Farm Staff
10291 Homeland Rd, Rixeyville
Register By: 4/6
Sa 4/10-4/15 \$140
Ages 7-12 1:00-1:45p #2614.0382
Ages 13-up 2:00-2:45p #2614.0383

INTRO TO HORSEBACK RIDING I

Ages 7-adult, 4 wks
Lessons designed for anyone interested in learning to ride. These hands-on classes will cover novice horse safety, ground work and riding instruction. **No class 5/29**
Instructor: White Buffalo Horse Farm
4325 Muster Field Rd, Culpeper
Register By: Monday before Class
\$135
W 4/14-5/5 4:00p-5:00p #2614.0384
W 5/19-6/9 4:00p-5:00p #2614.0385
Sa 4/10-5/1 11:00a-12:00n #2614.0386
Sa 5/15-6/12 11:00a-12:00n #2614.0387

INTRO TO HORSEBACK RIDING II

Ages 7-adult, 4 wks
For the student who has taken the level I and mastered all the fundamentals. The rider's position is established and the very basics of steering and control are in place. From this point we move into more complex arena work and develop trot and canter skills. **No class 5/30**
Instructor: White Buffalo Horse Farm
4325 Muster Field Rd, Culpeper
Register By: Wed before Class
Su 11:00a-12:00n \$135
4/11-5/2 #2614.0388
5/16-6/13 #2614.0389

Spring Schedule



PRE-SCHOOL



PRESCHOOL CREATIVE ART

Ages 3-5, 6wks
Your preschooler will explore his/her inner artist while painting, drawing and making wonderful crafts. Each week will revolve around a theme given out by the teacher the first week of class.

Instructor: Let's Dance of Culpeper
128 W. Culpeper St., Suite 200
Register By: 4/28 #2615.0355
Tu 5/4-6/8 12:30p-1:00p \$89



CREATIVE MOVEMENT

Ages 3-5, 6wks
Have your preschooler come dance to his/her own beat, all while learning fun dances such as the Bunny Hop, Chicken Dance and many others. A great opportunity for your little one to have some fun while exercising and socializing.

Instructor: Let's Dance of Culpeper
128 W. Culpeper St., Suite 200
Register By: 4/28 #2615.0354
Tu 5/4-6/8 1:00p-1:30p \$69

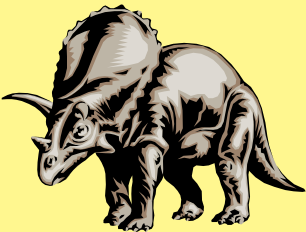


KID'S CLUB: DINOSAUR SAFARI

Ages: 15months-4yrs & 3-5yrs
Bring your child out to discover all types of dinosaurs, reptiles, and their habitats through music, movement, active games, interactive stories, and arts & crafts. Register for just one or two classes or for all, it's up to you. Register for 7 classes and get the 8th class of your choice FREE.

Details on each classes activities are available online.
Instructors: Wormack Productions & Creations; Community Room, 303 N. Main (unless otherwise noted)

| 15months- 4years | 10:30a-12:00n | 3 - 5yrs | 12:15p-2:15p |
|--|--|--|--------------|
| \$14 / day (except 4/5) sign up for 7 get 8 th FREE | | \$14 / day (except 4/5) sign up for 7 get 8 th FREE | |
| 1) Demo Day - Dino Egg Hunt - Try it for FREE | 20) Demo Day - Dino Egg Hunt - Try it for FREE | | |
| M 4/5 #2615.0390 | M 4/5 #2615.0391 | | |
| Egg Hunt Location: Yowell Meadow Park | Egg Hunt Location: Yowell Meadow Park | | |
| 2) Fantastic Fossils 1 | 21) Fantastic Fossils 1 | | |
| M 4/12 #2615.0394 | M 4/12 #2615.0395 | | |
| 3) Cantankerous Carnivores 1 | 22) Cantankerous Carnivores 1 | | |
| M 4/19 #2615.0398 | M 4/19 #2615.0399 | | |
| 4) Turtles and Triceratops 1 | 23) Turtles and Triceratops 1 | | |
| M 5/3 #2615.0402 | M 5/3 #2615.0403 | | |
| 5) Happy Herbivores 1 | 24) Happy Herbivores 1 | | |
| M 5/10 #2615.0406 | M 5/10 #2615.0407 | | |
| 6) Decorate with Dinosaurs 1 | 25) Decorate with Dinosaurs 1 | | |
| M 5/17 #2615.0410 | M 5/17 #2615.0411 | | |
| 7) Pleased about Plesiosaurs 1** | 26) Pleased about Plesiosaurs 1** | | |
| M 5/24 #2615.0414 | M 5/24 #2615.0416 | | |
| 8) T- Rex Treasures 1 | 27) T- Rex Treasures 1 | | |
| M 6/7 #2615.0420 | M 6/7 #2615.0421 | | |
| 9) Dinosaur Dig 1 | 28) Dinosaur Dig 1 | | |
| M 6/14 #2615.0424 | M 6/14 #2615.0425 | | |
| 10) Dino Eggstravaganza | 29) Dino Egg-stravaganza | | |
| W 4/7 #2615.0392 | W 4/7 #2615.0393 | | |
| 11) Fantastic Fossils 2 | 30) Fantastic Fossils 2 | | |
| W 4/14 #2615.0396 | W 4/14 #2615.0397 | | |
| 12) Cantankerous Carnivores 2 | 31) Cantankerous Carnivores 2 | | |
| W 4/21 #2615.0400 | W 4/21 #2615.0401 | | |
| 13) Turtles and Triceratops 2 | 32) Turtles and Triceratops 2 | | |
| W 5/5 #2615.0404 | W 5/5 #2615.0405 | | |
| 14) Happy Herbivores 2 | 33) Happy Herbivores 2 | | |
| W 5/12 #2615.0408 | W 5/12 #2615.0409 | | |
| 15) Decorate with Dinosaurs 2 | 34) Decorate with Dinosaurs 2 | | |
| W 5/19 #2615.0412 | W 5/19 #2615.0413 | | |
| 16) Pleased about Plesiosaurs 2 ** | 35) Pleased about Plesiosaurs 2** | | |
| W 5/26 #2615.0415 | W 5/26 #2615.0417 | | |
| 17) Flying Dinos | 36) Flying Dinos | | |
| W 6/2 #2615.0418 | W 6/2 #2615.0419 | | |
| 18) T- Rex Treasures 2 | 37) T- Rex Treasures 2 | | |
| W 6/9 #2615.0422 | W 6/9 #2615.0423 | | |
| 19) Dinosaur Dig 2 | 38) Dinosaur Dig 2 | | |
| W 6/16 #2615.0425 | W 6/16 #2615.0426 | | |



Note: Pleased about Plesiosaurs has an additional fee of \$20 payable to instructor at class for the build-a-stuffed-friend supplies.



Spring Schedule

TINY TAPPERS

Ages 3-4, 7wks

Come on out, and let's make some noise! Bring your little one out to learn the basic steps of tap dance. Tap shoes optional but not required.

Instructor: Woods Gymnastics

13409 Beverly Ford Rd, Elkwood.

Register by: 4/7 #2615.0347

M 4/12-5/24 4:00-4:30p \$50



MY FIRST BALLET CLASS

Ages 3-4, 7wks

For all the budding ballerinas out there, come on out and learn the basic positions and steps to becoming a real ballerina. Ballet shoes optional but not required.

Instructor: Woods Gymnastics

13409 Beverly Ford Rd, Elkwood.

Register by: 4/7 #2615.0348

M 4/12-5/24 4:30-5:00p \$50



PRESCHOOL GYMNASTICS

Ages 3-4, 7wks

Does your little one have way too much energy? Bring them out to

Woods Gymnastics and let them have a constructive outlet for that energy and learn the basics of gymnastics at the same time.

Instructor: Woods Gymnastics

13409 Beverly Ford Rd, Elkwood.

Register By: 4/7 #2615.0349

M 4/12-5/24 3:00p-3:45p \$59

MINI CHEER

Ages 4-6, 7wks

For the littlest cheerleaders, this class is an introduction to cheerleading including jumps, positions, motions, chants, and beginning stunts. Students will learn a cheer to perform for their parents during the last class.

Instructor: Woods Gymnastics

13409 Beverly Ford, Elkwood.

Register By: 9/10 #2615.0350

W 4/14-5/26 5:15-6:00p \$59

SENIORS

SILVER CITIZEN CLUB:

"Old age is not for sissies."

~Bette Davis, actress~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation's largest and most entertaining program. Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For

many of Culpeper's seniors the program provides an environment where lasting friendships are created. Feel free to try it out for a couple of weeks.

INTERESTED IN BECOMING A SILVER CLUB MEMBER?

The Club meets every Wednesday from 10:00am – 2:00pm

Location: Culpeper County Library Meeting Room

Fee: \$9 per year

Ages: 55 & up (Must be a Culpeper Resident)

SENIOR WRITING CLUB

Ages 50+

Everyone has a story to tell. Learn how to put your stories into words. Talk and enjoy fun-filled creative writing exercises with friendly seniors.

Instructor: Marshall Conner

Location: Culpeper Co. Library - Large Meeting Room

2nd & 4th Wed of each month, 1-2p

Fee: \$5 yearly



Country Troubadours perform for the Silver Citizens Club.

Spring Schedule



SPECIAL EVENTS



MOONLIGHT PADDLE

All ages. Any-one under 18 must be accom-panied by an adult

Join volunteer guide Bill Marsh for an evening of paddling, snacks, and sightseeing at Lake Pelham. You'll enjoy a moonlit evening of friends and paddling and views that you normally can't experience here. Bring your own canoe or kayak & life jackets are required. Canoe Rentals will be available for \$13.00 per person, children under 12 can ride with an adult. Rental fee includes a lesson, the life jacket, and oars.

Location: Lake Pelham, Henretty Drive
Volunteer Coordinator: Sonja & Bill Marsh
Register By: 6/18 #2518.0374
Sa 6/26 8:00p-11:30p \$10 / person

MLB AQUAFINA PITCH, HIT, & RUN

Ages 7-14 (as of July 17, 2010)
Aquafina Major League Baseball Pitch, Hit & Run (PHR) is an exciting baseball skills compe-tition that provides boys and girls, ages 7 to 14 (as of July 17, 2010), the opportunity to show-case their pitching, hitting and running abilities. A photocopy of the participant's birth certi-ficate must be submitted at the event to partici-pate. This photocopy is your admission ticket.
Pre-registration is required by April 21st.
Registrations will not be processed at the event.

Please use special PHR registration form.
Event Coordinator: Tabitha Riley
Culpeper Sports Complex, Field #16
Register by: 4/21 #2518.0217
Su 1:00pm 4/25 FREE

MLB Pitch, Hit, & Run Registration Form

One household per registration form please. Photocopies of form are acceptable.

Adult / Parent: Name (First) (Last)
Birth Date / / Gender: oM oF E-mail address
Street Address City/State/Zip
Home Phone () Cell Phone ()
Emergency Contact (not parent): Name Relationship:
Phone: ()

| Child Name | Birth Date | Age as of 7/17/09 | Male / Female |
|------------|------------|-------------------|---------------|
| | / / | | |
| | / / | | |
| | / / | | |
| | / / | | |

MBL Aquafina PHR Waiver
On behalf of myself and the child for whom I am the legal guardian, I hereby release from liability, discharge, hold harmless, and relinquish and waive any liability of and covenant not to sue LEJ Sports Group, Pepsi-Cola Company, Major League Baseball Enterprises, Inc., the Office of the Commissioner of Baseball, Major League Baseball Properties, Inc., the Major League Baseball Clubs and each of their successors and assigns, all other Major League Base-ball related entities, and all employees, directors, officers, agents, representa-tives, customers, purchasers and independent contractors of such entities, and The County of Culpeper / Culpeper County Parks and Recreation Department and each of those entities' respective affiliates, subsidiaries, franchises, offi-cers, employees, agents, volunteers and representatives of each of those entities from all liability, claims, demands, losses, or damages on my account or the child identified above for whom I am the legal guardian caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise for any physical or mental injury, aggravation of any pre-existing illness or condition, permanent disability or death, property damage or other loss that may be sustained by me or my child in traveling to and from, or participating in, the PITCH, HIT & RUN™ competition.
I hereby authorize each of the entities listed above to depict in perpetuity my likeness, image, name, signature, and other indicia of my rights of publicity ("Images") in photographic or other works appearing in any and all media for purposes of promoting, advertising, or marketing current or future events related to baseball and PITCH, HIT& RUN™, and I agree that such images may be used for that purpose without compensation. I hereby certify that my child has not participated in any other 2009 PITCH, HIT& RUN™ local competition and will abide by the rules and regulations of such event, and that the information stated on the entry form on the reverse side is true. I acknowledge that any violation of the previous statement shall result in immediate disqualification of my child from the event, and I agree that my child and I understand the levels of advancement set forth for the PITCH, HIT & RUN™ competition, and that he/she does not automatically advance to the Team Championship level upon being declared a Sectional Champion, and that being declared the Team Champion does not automatically mean advancing to the National Finals at the 2009 MLB™ All-Star Game® in St. Louis, MO.
By signing below, I acknowledge that I have carefully read the information and agree to the terms stated above.

County of Culpeper Assumption of Risk and Release:
In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.
In consideration of participating in this activity, I and/or the partici-pant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature what-soever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.
It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treat-ment and agree to allow for immediate first aid to the injured par-ticipant, if and when deemed necessary.
Media Release: I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photo-graphs and/or videotapes in Department publications, media cam-paigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affix-ing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Parent / Guardian Signature (if participant 17 or younger)
Parent / Guardian Signature (if participant 17 or younger)



Spring Schedule

SILVER SCREEN CLUB

Do you like classic films? Then join us for a Friday afternoon movie. Everyone is welcome to attend! For specific titles to be shown, contact Marshall Conner at mconner@culpepercounty.gov or at 540-727-3412 ext 6.

Dates: 3/19, 4/16 Reformation Lutheran Church, Downtown Culpeper

Dates: 4/9, 5/7, 5/21 GWC Piedmont Tech, 9432 James Madison Hwy, Rapidan

Times: 1:00 pm to approximately 3:30 pm (depending on film).
ADMISSION IS FREE!

KITE FESTIVAL
All Ages, 1day
Picture dozens of colorful kites dancing on the prevailing winds on a spring day. On March 27th from 11am-2pm come fly a kite at Culpeper County Parks and Recreation's sports complex. There will be an informal kite-making workshop, contests for most creative and unusual kites and even one for the highest altitude in 15-minutes. The event will be held on football field #7. The field will serve as the platform for flyers and a small runway will be set up for take offs. If you want to bring your own kite you can participate in the fun and games for just \$1. If you're interested in making or decorating a kite to keep, the cost will be \$3. Culpeper County Parks and Recreation staff members will be on hand to collect fees and manage the activities at a table located in front of the football field. No registrations are necessary and you can pay at the event.
Coordinator: Marshall Conner
Culpeper Sports Complex, Field #7
Sa 3/27 11:00a-2:00p \$1 / \$3 at event

SPORTS

PLAYTIME AT THE PARK

NEW! Ages 2-10
Fantastic family fun and fitness at the park! Register for just one or two classes or for all, it's up to you. Sign up for 9 classes and get the 10th class **FREE!** Your child will experience a different sport each week guided by our instructor(s), as well as themed interactive stories, crafts, and lots of playground time. Please wear play clothes, sneakers, and bring a snack and a labeled water bottle.
Instructor: Wormack Productions & Creations
Wine Street Park, corner Wine St & Old Brandy Rd
Sa 10:30a-12:00n \$15 / day

- | | | |
|-----------------------------------|------|------------|
| 1) Treasure Hunt | 4/10 | #2619.0427 |
| 2) Soccer/Kickball | 4/17 | #2619.0428 |
| 3) Baseball/T-ball | 4/24 | #2619.0429 |
| 4) Tricycle Triathlon | 5/1 | #2619.0430 |
| 5) Golf/Putt Putt | 5/8 | #2619.0431 |
| 6) Flag & Tag Football | 5/15 | #2619.0432 |
| 7) Track & Field Sports | 5/22 | #2619.0433 |
| 8) Battle Sports | 5/29 | #2619.0434 |
| 9) Soccer /Kickball | 6/5 | #2619.0435 |
| 10) Treasure Hunt & Family picnic | 6/12 | #2619.0436 |



THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department.

For information on registering for any of the leagues listed below, please contact the person listed. Additional contacts / website information for the leagues is available on the Parks & Recreation website.

YOUTH SPORTS:

- Culpeper Football Association -
Chris Settle - 540-222-8060
Culpeper Youth Basketball -
Greg Ward - 540-547-9188
Summer Youth Basketball
Terry Hoffman - 540-522-6359
Culpeper Youth Baseball -
Debbie McIlwee - 540-829-0988
Rappahannock Culpeper Baseball -
Amy Hitt - 540-937-7900
Culpeper Lacrosse Association Foundation -
Matt Verado - 540-937-4766
Culpeper Soccer Association -
www.culpepersoccer.net
Culpeper Wrestling Federation
Mark Hamilton - 540-547-2696

ADULT SPORTS:

- Culpeper Women's Flag Football League
Helen White - 540-423-4095

COMMUNITY:

- Blue Ridge Chorale of Culpeper -
www.brcsings.com
Culpeper Blue Angels All-Star Cheer & Dance
Kym Majors - 540-727-2087
Culpeper Carousel (batons)
Kim Bonner - 540-829-6444
Culpeper Football Assoc. Cheerleaders
Janna Coppage - 540-522-2778

Spring Schedule



GYMNASTICS FOR HOMESCHOOLERS

Ages 6-18, 8wks
Whether your child has always wanted to learn or already has some experience, this is the class for them. Come on out to Woods Gymnastics and learn to tumble, use the balance beam, and more. Space is limited, so sign up early!
Instructor: Woods Gymnastics
13409 Beverly Ford Rd, Elkwood
Register by: 4/9 #2619.0353
Th 2:45-3:45p 4/15-5/27 \$59



BITTY BOTS PRESCHOOL CAMP



Ages 2-5, 1wk
Let your preschool inventors come and discover herpetology, physics, and biomechanics through interactive stories, crafts, science experiments, and active games. They will build various animal bots using robot and building systems. Bring a snack and a labeled water bottle. Please have your child wear sneakers and play clothes.
Instructor: Wormack Productions & Creations
Location TBA
Register By: 6/11, 8/20
M-F 9:30a-1:00p \$90
6/21-6/25 #3820.0437
8/30-9/3 #3820.0438

FASHION FUN SUMMER DAY CAMP



Ages: 6-14, 1wk
Fashionistas unite to explore your creativity! Your budding fashion designer will sew, knit, build a stuffed “friend”, and discover the science behind the cosmetics. Your camper will learn Age appropriate beauty and makeup techniques. The camp will culminate with a fashion expo day. Wearing your cutest casual outfits is encouraged. Send your young fashionista with a bag lunch, a light snack, a labeled water bottle. They will also have fun playing fitness games, board games, and watching themed movies during free time.
Instructor: Wormack Productions & Creations
Location TBA
Register By: 6/11, 8/20
M-F 9:30a-4:00p \$90
6/21-6/25 #3820.0441
8/30-9/3 #3820.0442

ROBOTICS CAMP



Ages 6-14, 1wk
Bring your young inventors out to explore herpetology, physics, and biomechanics through science experiments and active games. Your child will build various animal bots using robot and building systems. They will also have fun playing fitness games, board games, and watching themed movies during free time. Bring a lunch, an afternoon snack and a labeled water bottle. Please have your child wear sneakers and play clothes.
Instructor: Wormack Productions & Creations
Location TBA
Register By: 6/11, 8/20
M-F 9:30a-4:00p \$90
6/21-6/25 #3820.0439
8/30-9/3 #3820.0440



EGYPTIAN DIG



Ages 6-11, 1wk
Let your child explore the amazing science of Archaeology as they uncover ancient artifacts. In doing this, they will discover interesting details about Egyptian life. Your child will excavate all sorts of artifacts including: a scarab, hieroglyphic tablet, ankh symbol and a jackal using tools like a professional archaeologist. The artifacts are theirs to keep. Let’s go back in time with a hands-on archaeological experience!
Instructor: Sciensational Workshops for Kids
Location TBA
Register By: 7/23 #3820.0458
M-F 8/2-8/6 9:00a-12:00n \$140



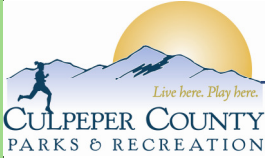
SUMMER CAMPS

FREE DEMO DAYS

Ages 2-14, 1 day
Interested in one of the camps listed in the next column that are instructed by Wormack Productions & Creations? Come out to this FREE demonstration day to see a glimpse of what your child will get to do during the week of camp. Reserve your space for this demonstration workshop TODAY!
Instructor: Wormack Productions & Creations
Location TBA
FREE
Bitty Bots and Brontosaurus Workshop
2-5yrs, Sa 5/29 1:00p-1:45p #3820.0443
Robotics (Coed) Workshop
6-14yrs Sa 5/29 2:00p-3:15p #3820.0444
Fashion Fun Day Camp for Girls Workshop
6-14yrs Sa 5/29 3:30p-4:45p #3820.0445



Registration is EASY!!! see page 25 - 26



Spring Schedule



MEDIEVAL CASTLE WORKSHOP

Ages 6-11, 1wk

The middle ages were a time of knighthood, castles with moats, and wide open countryside. Archeologists are still unearthing buried treasures; let your child be one of them. Your child get to explore life during the middle ages by digging in the ruins of a Medieval Castle and uncovering replicas of four ancient treasures. They will have fun and it's easy to chip away at the mystery matrix clay and to excavate, study, and display their findings. With the castle dig molding tray and the sand you excavated, you can create a castle tower and a gargoyle. Come and discover the excitement of being an Archeologist with fun activities.

Instructor: Sciensational Workshops for Kids

Location TBA

Register By: 7/23 #3820.0459

M-F 8/2-8/6 12:45p-3:45p \$140



DID YOU KNOW....

When two electric eels meet, each stops generating electricity and then both change frequencies. That way their electrical fields won't interfere.

Source:

How Come? Planet Earth by Kathy Wollard

SWIM LESSONS



That's right, Culpeper Co. Parks & Recreation, in cooperation with the Culpeper Recreation Club is planning on offering swimming lessons again this summer. The schedule was not finalized as of the printing deadline.

For details, go online:

www.CulpeperRecreation.com

or mail a self-addressed stamped envelope to:

CCPRD,
Attn: Swim Lessons,
155 W. Davis Street, Ste 100,
Culpeper, VA 22701.



TRIPS

NATIONAL TREASURE TOUR
OF MT. VERNON

All Ages, 1 day

Come join us as we visit Mt. Vernon for a special "National Treasure Tour". You will enjoy an hour-long guided walking tour that includes behind-the-scenes information about areas where "National Treasure 2: Book of Secrets" filming took place and how these locations were used during George Washington's time, including the basement! After this tour, explore the rest of Mt Vernon as well.

Bus will depart from Culpeper Sports Complex.

Register By: 4/30 #2721.0457

Sa 5/22 8:00am-5:30pm

12-Adult - \$55; 6-11yrs - \$48; Under 6yrs- \$35



POTOMAC EAGLE TRAIN TRIP

The historic Potomac Eagle Scenic Railroad is one of America's most beautiful train rides. For three hours you will enjoy a narrated excursion through a tranquil and pristine mountain valley. Bus will depart from Culpeper Sports Complex. Price and additional details online.

Sa 10/16 8:00a-7:00p

Contact US!

540-727-3412

www.CulpeperRecreation.com

Parks@CulpeperCounty.gov

5 EASY WAYS TO REGISTER!



By Phone

- Once you set up your ActiveNet customer account, call 540-727-3412 and select either extension 4 or 5. Payment must be made by credit card to register over the phone. ActiveNet customer accounts can also be set up via phone.



Online

- Simply go to web.culpepercounty.gov and under "County Government" select "Parks and Recreation", then click "Programs & Online Registration." Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.



By Fax

- Once you set up your ActiveNet customer account, simply complete the registration form and payment information (credit cards only) and fax to 540-727-2802.



Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).
Cash /Check/ Credit Card



By Mail

- Set up your ActiveNet Account online or include the set up form on page 24 with a completed registration form and payment,
Mail to **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
• Confirmations are done via email. Otherwise, please include a self-addressed, stamped envelope, if **you require** a confirmation.

Registration Information

ActiveNet

- ActiveNet is the new recreation software the Department has obtained to process registrations, provide online registration, and accept credit card payments.
- To begin using this system each household must have an account set up in order to register for any Department activities. Please complete the "ActiveNet Customer Account Form" on page 24 and fax or mail it to the department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed until the "ActiveNet Customer Account Form" has been received and processed by the Department, or you have set up your account online.

Registrations:

- **Online registration begins on Friday, March 12. All other registration methods will begin on Monday, March 15**
- Full payment must accompany registration in the form of credit card, cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.

Register By:

- The register by date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held.

Adjustments

- Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline, refunds less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.
- A refund check is mailed to the address on file and can take up to 45 days to receive.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www.cancellations.com, or call our office at 540-727-3412 and select option 1.

Registration is EASY!!!

see page 25 - 26



Registration Form

First Time Registering?
Please complete the ActiveNet Customer Account Form along with this registration form.

Now Accepted!!!
Visa
MasterCard
American Express

One household per registration form please. Photocopies of form are acceptable.

Account Main Contact Name: _____ Home Phone: (____)_____

| Participant Name | Birth date | Activity Name | # | Date(s) | Time | Fee |
|-------------------------|------------|---------------|-----------|-------------|------|--------|
| Jane Doe | 8/ 1 /1991 | Sample Class | 1610.0005 | 3/2-3/30/09 | 6-8p | \$5.00 |
| | / / | | | | | \$ |
| | / / | | | | | \$ |
| | / / | | | | | \$ |
| | / / | | | | | \$ |
| | / / | | | | | \$ |
| Total (Pay this amount) | | | | | | \$ |

Media Release: ☐ Yes ☐ No **Initial**_____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary

Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Customer Use - Payment Method

Check Payment Method: ☐ Check Enclosed \$ _____ # _____ ☐ Cash (Walk-in only)
 ☐ Credit Card: ☐ Visa ☐ Mastercard ☐ American Express
 Number: _____ / _____ / _____ / _____ Exp. Date _____ / _____

 Signature: _____
 I agree to pay the above total amount according to card issuer agreement

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701
Phone: (540) 727-3412, Fax: (540) 727-2802 Website: web.culpepercounty.gov

ActiveNet Customer Account Form

Main contact must be at least 18 years old.
PRINT CLEARLY

Main Contact Client #1

Name (First)_____ (Last)_____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Street Address _____
City/State _____
Zip _____
Allergies: _____
Home Phone (____)_____
Work Phone (____)_____
Cell Phone (____)_____
E-mail address: _____

(required for confirmations & online registration)
Emergency Contact
Name: _____
Relationship: _____
Phone: (____)_____

Client #2

Name (First)_____ (Last)_____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as Customer #1? ☐ Y ☐ N

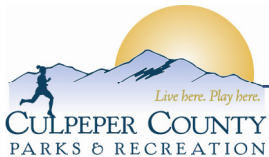
Client #3

Name (First)_____ (Last)_____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as Customer #1? ☐ Y ☐ N

Client #4

Name (First)_____ (Last)_____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as Customer #1? ☐ Y ☐ N

If address is different from Main Contact, or more than 4 family members, please include an additional sheet of paper with correct information.



From the Director's Desk...

STAYCATION –

A BUZZWORD FOR THE TIMES

With the plummeting economy comes a new buzzword “STAYCATION.” So what does the word mean? *A vacation that is spent at one's home enjoying all that home and one's home environs have to offer.*

With layoffs, wage increases neutralized, the rise in gas prices, lodging and restaurant costs increasing, families are forgoing the normal vacation and spending their two weeks at home looking to their own communities for fun and recreational experiences. For many families the discretionary spending is needed for household staple items such as paying bills, food and other incidentals.

Where can Culpeper citizens turn? How about the local Parks and Recreation Department. As with the private business sector, the Parks and Recreation Department budget has not been shielded from the current economic woes. The thoughts of additional reductions for next year's budget are very real and become a challenge for the Parks and Recreation staff. It will be difficult to provide the level of service to which the public has become accustomed.

The Department provides a variety of classes, programs and special events at reasonable prices for those of all ages, genders and families in mind. And even if these fees seem to be cost-prohibitive, the Department provides residents with unstructured activities. For example, the Culpeper Sports Complex has ample space for residents to use as a picnic area for a family get-together. Although there are no specific shelters or pavilions on site, the park still offers space for families to bring their own tent and picnic and share quality time.



A blacktop walking path is available for those interested in physical exercise. The trail begins at the soccer fields and winds past the sports fields and covers approximately 2,600 feet. A return journey offers the walker or runner close to a mile of exercise. When park activities (youth sports) come to an end, the park-

ing lot may be transformed into a practice facility for families to teach their children to ride a bike or learn to in-line skate. Family or individual kite flying interest is on the rise, and the Complex provides the perfect setting and wind velocity for such an activity. Staff has completed construction on several pitching mounds and batting cages so children and their parents can work on baseball skills.

Want more? Take the family to Spilman Park located in the northern portion of the County for a walk on the wilderness trail and then picnic at the pavilion (group reservations are requested). A preschool playground awaits the younger ones, and parents can enjoy the shade and the beautiful setting. A kiosk tells the history of the old homestead that once sat within eye distance of the pavilion.

Laurel Valley Park provides the more active with mountain biking trails. The park offers pristine beauty, once past the parking lot location, and nestles within the outdoors. Don't be surprised if you see a deer or two and possibly turkey. Contact the Parks and Recreation Office for more information concerning times of use.

Run out of ideas.....visit any of the many parks in the County or Town system and find your niche! Provide your family with a “Staycation.” Save money and reconnect with family values.

A CALL FOR VOLUNTEERS!

The Parks and Recreation Department staff is seeking volunteers to help construct an adult size softball field at Lenn Park located off Stevensburg Road. The area of concern is a rectangular piece of property located to the right of the park entrance. The Department requests that anyone interested in donating supplies, equipment, material, manpower and/or funding should call Culpeper County Parks and Recreation Department at 540-727-3412 at extension 8 and speak with the director .



Registration is EASY!!!

see page 25 - 26